

Tier 1 Menu Sample	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Breakfast		Muffins, cheesy Scrambled eggs	French Toast, Sausage Links	Coffee Cake, cheesy scrambled eggs	Biscuits and Gravy	Skillet-Scrambled eggs and sausage, fried potato	Cinnamon Rolls, breakfast casserole (eggs, potato, cheese)
Beverage		Juice	Juice	Juice	Juice	Juice	Juice
Fruit		Orange Slices	Apple sauce	Banana	Orange Slices	Apple Slices	Cantaloupe
Lunch		Nachos, Watermelon	Chili	Turkey Subs, Chips	Bacon Macaroni and Cheese	Homemade Tomato Soup and Grilled Cheese Sandwich	
Salad		Taco Toppings	Tossed Salad	Sand toppings, veggie sticks	Tossed salad	Veggie sticks	
Bread			Cornbread		French Bread		
Dessert							
Beverage							
Dinner	Pizza, pepperoni, cheese, supreme	Pulled Pork Sandwiches, Chips	Chicken Teriyaki	Spaghetti Bolognese	Tacos, chips, salsa	Chicken Pot Pie	
Salad	Tossed Salad	Sand toppings, veggie sticks	Tossed Salad	Tossed Salad	Taco Toppings	Tossed Salad	
Bread				French Bread			
Dessert	Choc Chip Cookie	Rice krispie bar	Goopy Butter Cake	Snickerdoodle	Double choc cookie	Chocolate Cake	
Beverage							